



# *The Strickland Arms*

Great Strickland, Penrith, Cumbria CA10 3DF Tel. 01931 712238

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[www.thestricklandarms.co.uk](http://www.thestricklandarms.co.uk)



*Our varied menu takes a little longer to  
bring to your table, we appreciate your  
patience during busy times...*

*All our food is lovingly prepared using  
locally sourced ingredients from the  
following suppliers:*

*Pioneer Foods (Pioneer Food Hall Jtn 43 M6, Carlisle)*

*Bells Fishmongers, Carlisle*

*Cranstons Foodhall, Penrith*

*Mr Vikki's, Penrith/Keswick Market*

*English Lakes Ice Cream, Kendal*

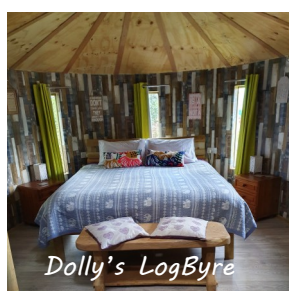
*Booths Food Hall of Penrith*





## Our Bed and Breakfast Accommodation

We offer 7 unique accommodation options here at the Strickland Arms from comfortable pub rooms to cosy, quirky LogYurts and LogHuts there is something for everyone. Take a look at our website [www.thestricklandarms.co.uk](http://www.thestricklandarms.co.uk) Call us 01931 712238



## Strickland Arms Opening Times

We are open 7 nights per week from 5pm until 11pm  
Serving food from 5pm until 9pm  
(times will differ during Public Holidays and Winter Season)







# Starters or As a Light Main Meal



## *Cheese Souffle Twice Baked (V) ..... £9.95*

*Twice Baked Souffle made with Appleby Creamery Blencathra Cheese and a choice of sauce (Appleby Creamery's Black Dub Blue or Blencathra Cheese Sauce)*

## *Monkfish Cheeks ..... £9.95*

*Sauteed in garlic butter or garlic cream with garnish*

## *Peeled King-Tiger Prawns ..... £9.95*

*Sautéed in garlic & fresh cream or butter with garlic bread*

## *Prawn Cocktail ..... £9.95*

*Served on a green leaf salad with grapes topped with a Marie-Rose' sauce & served with a hunk of fresh baked bread*

## *Black Pudding & Goat's Cheese Crostini ..... £7.95*

*Served with a salad garnish of lettuce leaves, peppers, tomatoes, red onion, cucumber, grapes, & a sweet chilli dip*

## *Grilled Pepper & Goat's Cheese Crostini (V) ..... £7.45*

*Served with a salad garnish of lettuce leaves, peppers, tomatoes, Red onion, cucumber, grapes & a sweet chilli dip*

## *Garlic Mushrooms (V) ..... £7.45*

*Sautéed in garlic & fresh cream or butter, served with garlic bread*

## *Torpedo Prawns Tempura Batter ..... £9.95*

*Served with salad garnish and chilli or mayo dip*

## *Home-made Soup (V) ..... £7.45*

*Served with a hot crusty roll, please ask for choice of soup, 4 usually available*

If you have a food allergy please discuss with a member of our staff before ordering food.



# Our Favourite Specials

## **Gratin of Peeled King Tiger Prawns (10) £19.95**

*Grilled & topped with red onion, garlic, red chillies, double cream & melted cheddar cheese, with garlic bread*

## **Fisherman's Pie Royale *large*..... £19.95**

*Succulent fillets of Haddock, Salmon & Cod cooked in fresh creamy fish sauce seasoned with herbs & a hint of nutmeg, herbs drizzled in olive oil layered on top of rustic roast potatoes served with a medley of fresh steamed vegetables*

## **Fisherman's Pie Royale *regular*..... £16.45**

*Succulent fillets of Haddock, Salmon & Cod cooked in fresh creamy fish sauce seasoned with herbs & a hint of nutmeg, herbs drizzled in olive oil layered on top of rustic roast potatoes served with a medley of fresh steamed vegetables*

## **Cumberland Tattie Pot ..... £19.95**

*A hearty one pot meal made with succulent locally sourced lamb and black pudding, casseroled in cider & vegetable stock with sliced apples & carrot, swede, leek, celery, onion, layered on top of sliced potato.*

*(critically acclaimed by Simon Rogan in Sunday Times Food Lovers Guide)*

## **10oz Barnsley Lamb Chop.....£21.95**

*A 10oz chop, grilled & served with minted gravy comes with a choice of potatoes (please ask) served with a medley of fresh steamed vegetables*

*Potato Choices are: Chips, Mash, New Potatoes, Jacket Potato or (Dauphinois, Hasselback Potatoes, Sweet Potato Fries + 95p)*

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# Our Pub Favourites

## **Lasagne..... £16.95**

*Lakeland Prime Beef with creamy béchamel sauce & with Parmesan cheese, & herbs drizzled in olive oil served with a choice of chips or garlic bread.*

## **Cottage Pie ..... £15.95**

*Lakeland Prime Minced Beef topped with creamy Mash, Cheddar Cheese & served with a medley of Steamed Vegetables*

## **Green Peppercorn Chicken..... £16.95**

*Pan Fried Chicken Breast in a Creamy Green Peppercorn sauce served with asparagus spears and a choice of wild rice or potatoes see below.*

## **Chicken, Leek & Mushroom Stroganoff..... £16.95**

*Sliced Chicken Breast cooked with cream, seasoned with paprika, black pepper, herbs served with a choice of wild rice or choice of potatoes see below.*

## **Chicken Pasta ..... £16.95**

*Sliced Chicken Breast, Spinach and Conchiglie Rigate pasta with a creamy White Wine & Parmigiano cheese sauce and a side of Mediterranean Salad*

## **Hungarian Beef Goulash (slow cooked) ..... £19.95**

*St Georges Prime Lakeland Rump Steak strips served with Hungarian Fennel Bread and a choice of wild rice or choice of potatoes see below.*

## **Lamb Henry Tagine ..... £21.95**

*With chick peas and mixed beans, onions, curry powder, turmeric, coriander, chilli, garlic, cumin, ginger, fennel, black pepper.  
Served with roasted spicy Moroccan style potatoes.*

*Potato Choices are: Chips, Mash, New Potatoes, Jacket Potato or (Dauphinois, Hasselback Potatoes, Sweet Potato Fries + 95p)*

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## Our Pub Favourites 2

### **Cumberland Sausage £15.45**

*Served with a choice of potatoes (please ask), topped with onion gravy, and a side of steamed fresh vegetables*

### **St Georges Prime Lakeland Rump Steak**

*Tender 6oz Rump Steak £18.95*

*Tender 9oz Rump Steak £21.95*

*Served with a side of Mediterranean Salad or Petit Pois, Onion Rings & a choice of Potatoes (please ask)*

### **Lakeland Gammon Steak a thick lean steak**

*6oz Gammon Steak £14.95*

*12oz Gammon Steak £18.95*

*Served with poached egg, slice grilled pineapple, Petit Pois & a choice of Potatoes*

*Potato Choices are: Chips, Mash, New Potatoes, Jacket Potato or (Dauphinois, Hasselback Potatoes, Sweet Potato Fries + 95p)*

### **Chicken Salad £15.95**

*Baked in a choice of Herbs & Butter or Cajun Spice  
Sliced & served on a Mediterranean salad bowl  
with olives & feta cheese*

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# More Pub Favourites

## Roast Dinner

**Roast Lamb Henry Rump ..... £19.95**

*A slow cooked Rump of Lamb*

*Served with a rich minted lamb gravy*

*served with, Roast Potatoes,  
Broccoli, Carrots, Cabbage, Cauliflower,  
Petit Pois & Yorkshire Pudding*

**Roast Brisket Pave ..... £19.95**

*A slab of slow cooked Brisket Beef*

*served with a rich onion gravy*

*served with, Roast Potatoes,  
Broccoli, Carrots, Cabbage, Cauliflower,  
Petit Pois & Yorkshire Pudding*

**Roast Breast of Chicken ..... £15.95**

*Sliced, served with, Roast Potatoes,  
Broccoli, Carrots, Cabbage, Cauliflower,  
Petit Pois & Yorkshire Pudding*

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## Children's Roast Dinner

**Roast Breast of Chicken ..... £8.45**

*Served with Petit Pois, Roast Potatoes, Yorkshire Pudding*



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# Fish Dishes

## **2 Fish Cakes    £14.95**

*Breaded succulent chunks of Haddock, Salmon, Cod, Potato with a creamy cheese sauce centre. Served with a Mediterranean leaf salad with a sweet chilli or mayonnaise dip*

## **Whole Tail Breaded Scampi (9)    £13.95**

*Served with chips & peas*

## **Whole Tail Breaded Scampi (15)    £17.95**

*Served with chips & peas*

## **Baked Haddock    £18.95**

*Seasoned with herbs & butter  
Served with chips & petit pois or mushy peas*

## **Baked Fillet of Salmon    £18.95**

*Seasoned with lemon herbs & basil infused olive oil served with a choice of potatoes (please ask) & a medley of steamed vegetables*

## **Baked Sea Bass Fillets    £18.95**

*Seasoned with lemon, herbs & basil infused olive oil served with a choice of potatoes (please ask) & a medley of steamed vegetables*

## **Baked Sea Bream Fillets    £18.95**

*Seasoned with lemon herbs & basil infused olive oil served with a choice of potatoes (please ask) & a medley of steamed vegetables*

**Potato Choices are: Chips, Mash, New Potatoes, Jacket Potato or (Dauphinois, Hasselback Potatoes, Sweet Potato Fries + 95p)**

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# *Our Vegetarian Menu*

## **2 Goat's Cheese & Grilled Pepper Crostini (v) £14.95**

*Served with a small bowl of Mediterranean salad & sweet chilli dip  
With a choice of potato*

## **Vegetable Jalfrezi-Pie (v) £14.95**

*Filled with broccoli, cauliflower, potato, carrot, sugar snaps in a rich Jalfrezi  
curry sauce (medium hot) with a choice of potato*

*Potato Choices are: Chips, Mash, New Potatoes, Jacket Potato  
or (Dauphinois, Hasselback Potatoes, Sweet Potato Fries + 95p)*

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## **Chickpea & Bean Tagine (v) £16.95**

*With chick peas and mixed beans, onions, curry powder, turmeric,  
coriander, chilli, garlic, cumin, ginger, fennel, black pepper.  
Served with roasted spicy Moroccan style potatoes.*

## **Spicy Moroccan Nut Roast (v) £16.95**

*Moroccan spiced brown rice, mixed with juicy sultanas, apricots,  
dried cranberries, topped with butternut squash and pumpkin seeds.  
Served with roast new potatoes & fresh steamed vegetables and  
a vegetarian gravy*

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## *Our Vegetarian Menu 2*

### ***Broccoli & Cheese Quiche £14.95***

*Freshly Baked with a short crust pastry base served with a choice of potatoes (please ask) and a side of Mediterranean salad or fresh vegetables.*

### ***Goats Cheese Tomato Basil & Pepper Tartlet £13.95***

*Freshly Baked with a short crust pastry base served with a choice of potatoes (please ask) and a side of Mediterranean salad or fresh vegetables.*

*Potato Choices are: Chips, Mash, New Potatoes, Jacket Potato or (Dauphinois, Hasselback Potatoes, Sweet Potato Fries + 95p)*

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### ***Spinach & Ricotta Cannelloni £14.95***

*With two cannelloni tubes filled with creamy Ricotta & Spinach on a bed of tomato, garlic & basil sauce topped with a white béchamel and creamy cheese.  
Served with garlic bread or chips.*

### ***Vegetable Sweet & Sour £13.95***

*Filled with pineapple, peppers, broccoli, cauliflower, potato, carrots.  
Served with Wild Rice.*

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# Penny's Pies



*Penny's Individual Pies & Quiches are Freshly Baked to Order with freshly rolled short crust pastry then oven baked with a choice of tasty fillings made with locally sourced ingredients & can take an additional 5-10 minutes to arrive at your table ...*

## **Freshly Baked All Round Short Crust Pastry Pies**

Steak & Ale Pie (slow cooked) .....	£16.95
Steak & Kidney Pie (slow cooked) .....	£16.95
Braised Brisket Beef Pie (slow cooked) .....	£16.95
'Stricky' Lamb & Ale Pie (slow cooked) .....	£16.95
Chicken, Leek & Mushroom Pie .....	£15.95
Chicken Jalfrezi Pie .....	£15.95
Venison Pie (slow cooked in Guinness, Red Wine & Port) .....	£18.95
Game Pie (Pheasant, Venison, Partridge) (slow cooked in Redcurrent Jelly, Red Wine & Port) .....	£19.95

All Served with a choice of potatoes, fresh vegetables or salad

## **Freshly Baked Quiche and Tartlets**

Bacon, Leek & Cheese Quiche .....	£13.95
Broccoli & Cheese Quiche (V) .....	£14.95
Goats Cheese Tart, Tomato, Basil & Peppers (V) ..	£13.95
Minced Beef & Onion topped with Cheesy Mash....	£14.95

All Served with a choice of potatoes, fresh vegetables or salad

*Potato Choices are: Chips, Mash, New Potatoes, Jacket Potato or (Dauphinois, Hasselback Potatoes, Sweet Potato Fries + 95p)*

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# Our CURRY'S



## Chicken Curry

with a choice of curry sauces

**Jalfrezi, Balti, Madras, Korma ..... £17.95**

*Served with a choice of rice: Pilau or Plain White Rice and a Naan Bread with mini Poppadum's*

## King Prawn Curry

with a choice of curry sauces

**Jalfrezi, Balti, Madras, Korma ..... £19.95**

*Served with a choice of rice: Pilau or Plain White Rice and a Naan Bread with mini Poppadum's*

## Vegetable Curry (v)

with a choice of curry sauces

**Jalfrezi, Balti, Madras, Korma ..... £14.95**

*Served with a choice of rice: Pilau or Plain White Rice and a Naan Bread with mini Poppadum's*

## Beef Madras (Slow Cooked Prime Lakeland Brisket Beef) £19.95

*Served with a choice of rice: Pilau or Plain White Rice and a Naan Bread with mini Poppadum's*

## Fish (Haddock)

with a choice of curry sauces

**Jalfrezi, Balti, Madras, Korma ..... £15.95**

*Served with a choice of rice: Pilau or Plain White Rice and a Naan Bread with mini Poppadum's*

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# Penny's Pizzas



## Penny's take on a pizza using a Naan bread base Topped with passata sauce and mozzarella cheese

Freshly Made from £8.00 with a choice of the following additional toppings

• Pepperoni	1.75	• Feta Cheese	1.25
• Ham	1.75	• Onion	85
• Spicy Chicken	1.75	• Olives	1.75
• Chorizo	1.75	• Pineapple	1.25
• Spicy Beef	1.75	• Tuna	1.75
• Jalapenos	85	• Prawns	1.75
• Peppers	1.25	• Anchovies	1.75
• Mushroom	1.25	• Jalfrezi chicken	2.95

### **Penny's Steak Burger..... £10.95**

Cranston's Steak Burger, served in a 5" floured bap With a choice of skinny or chunky chips, optional salad relish with tomato, lettuce, onion, mayo) (Cheese extra 50p)

### **Penny's Southern Fried Chicken Burger..... £9.95**

Served in a 5" floured bap With a choice of skinny or chunky chips, optional salad relish with tomato, lettuce, onion, mayo) (Cheese extra 50p)

# Side Orders

- \* Chips ..... £4.25
- \* Skinny Fries ..... £4.95
- \* Sweet Potato Fries ..... £5.95
- \* Basmati Rice *(ask for different flavours)* ..... £3.95
- \* A Medley of Fresh Steamed Vegetables... £4.45
- \* New Potatoes (Baked or Boiled) ..... £3.95
- \* Roast Potatoes ..... £4.95
- \* Hasselback Potatoes..... £4.95
- \* Dauphinois Potatoes ..... £4.95
- \* Onion Rings ..... £3.95
- \* 3 Slices of Garlic Bread ..... £3.75
- \* A Slice of Garlic Bread ..... 1.25p
- \* 1 Naan Bread ..... £2.95p
- \* Crusty Bread Rolls (3) ..... £3.75
- \* 1 Crusty Bread roll ..... 1.25p
- \* A bowl of Mediterranean salad ..... £3.95

*Includes: cherry tomatoes, grapes, pineapple, cucumber, red onion, red green & yellow peppers, celery, apple, dressed with olive oil & a balsamic dressing*

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# Puddings

Apple & Blackberry Crumble *hot* ..... £6.95

Bread & Butter Pudding *hot* ..... £6.95

Chocolate Fudge Cake (*warmed*) ..... £5.95

Sticky Toffee Pudding *hot* ..... £6.95

Fruits of the Forest Meringue (*warmed*).. £6.95

ALL PUDDINGS SERVED WITH EITHER CUSTARD, FRESH DOUBLE CREAM OR  
ENGLISH LAKES JERSEY ICE CREAM

Tropical Fruits Sorbet Sundae with Raspberry  
Coulis ..... £7.95

Chocolate Truffle Bomb ..... £7.95

Morello Cherry Sponge Sundae ..... £7.95

Sorbet: Orange Lemon, Apple, Strawberry,  
3 Scoops of Sorbet ..... £6.45

Ice Cream ..... £5.45

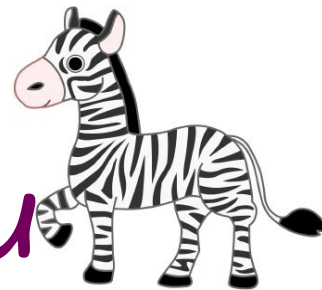
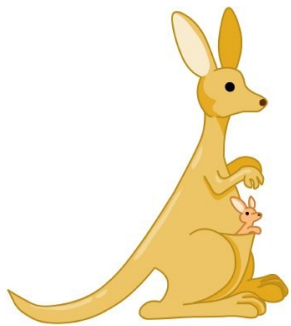
3 Scoops of  
English Lakes Double Jersey Ice Cream

SERVED WITH A CHOICE OF STRAWBERRY, RASPBERRY OR CHOCOLATE SAUCE

Fresh Cream Coffee Liqueur from ..... £8.95

Liqueur of your choice, please ask what we have.

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member of our staff before ordering food.



# Children's Menu

Please Note:-  
This menu is for Children under 11 years  
accompanied by an adult.

## Mains

Chicken Korma with Rice & Nan Bread.....	£8.75
Sausage, Skinny Chips & Beans or Peas .....	£8.45
Chicken Nuggets with Skinny Chips .....	£8.95
Cod Fish Fingers with Skinny Chips .....	£8.95

Children's Roast Chicken Dinner.....	£8.45
With Roast Potatoes, Yorkshire Pud & Petit Pois	

## Light Bites

Cheese on Toast .....	£3.95
Beans on Toast.....	£3.95

## Side Orders

Small bowl of skinny chips .....	£2.95
Peas or Beans .....	.95p
Crusty petit pain roll .....	95p
Garlic Bread .....	95p

## Puddings

Trio of Vanilla Ice Cream .....	£3.45
Warm Chocolate Sponge Pudding .....	£3.95



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